

# NEWARK HIGH NEWS

NEWARK HIGH SCHOOL • CHRISTINA SCHOOL DISTRICT  
302-631-4700 • [www.christina.k12.de.us/newark](http://www.christina.k12.de.us/newark)

## NHS Important Dates

Dec. 23–Jan. 2	Winter Break
Jan. 3	Schools reopen
Jan. 3	Athletic Council / Sportsmanship Meeting 7:00 p.m. in NHS Library
Jan. 5	<b>Christina School District Questions &amp; Answers</b> PTA Meeting, 7:00 p.m. in NHS A-Cafe
Jan. 9	PTA Reflections Contest deadline for entries See Mrs. Yarnell in E006 for details.
Jan. 9	PSAT Parent Night 6:30 until 7:30 p.m. in the NHS Auditorium
Jan. 10	Arts Boosters 6:30 p.m. in NHS E006
Jan. 10	Board of Education Meeting 7:30 p.m. at Leasure School
Jan. 11	Choice deadline for 2006-07 school year
Jan. 16	Martin Luther King Day Schools and offices closed
Jan. 17	Family Fun Night at Friendly's on Rt. 896 5:00 – 9:00 p.m. to benefit the NHS Music Boosters
Jan. 20	Ice-skating Extravaganza! All are welcome! 8 p.m.– 10 p.m. at The Pond, Marrows Rd., Newark (Fundraiser for Newark's FFA chapter)
Jan. 21	NHS JROTC Dining- In
Jan. 23	End of second marking period
Jan. 25-27	Mid-term Exams, Early dismissal
Jan. 26	Christina School District Referendum
Jan. 28	All-State Orchestra 7:00 p.m. at The Independence School Papermill Road, Newark
Feb. 4	Delaware All State Choir Concert 7:30 p.m. at John Dickinson High School
Feb. 14	An Orchestrated Performance 7:00 p.m. in the NHS Auditorium

## January 2006

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### *About this newsletter*

You may view previous newsletters online at [www.christina.k12.de.us/newark/NHSnews/](http://www.christina.k12.de.us/newark/NHSnews/). Send any newsletter submissions by the first of each month to Karen Kaler at [kaler@comcast.net](mailto:kaler@comcast.net) and Jane Reese at [janewreese@aol.com](mailto:janewreese@aol.com).

# COUNSELOR'S CORNER

by Shirin Skovronski • 631-4700 ext 14314 • skovronskis@christina.k12.de.us

I hope you had a restful holiday, because it is almost time for exams! For classes that are only a semester long, the exams will be final exams, while for full-year classes, these will be mid-term exams. The high school students will have early dismissals on January 25, 26, and 27<sup>th</sup>, so that they will be able to study for their next exams. I would suggest that your children start organizing notebooks and studying for exams now. The exam schedule is:

2006 MIDTERM EXAM SCHEDULE			
Day	Date	Exam Period	Time
Tues.	01/24	Regular schedule periods periods 1-5. No period 6	
		7	12:20 – 2:00
Wed.	01/25	1	7:15 - 9:05
		2	9:15 -11:00
		Early dismissal: 11:00	
Thurs.	01/26	3	7:15 - 9:05
		4	9:15 -11:00
		Early dismissal: 11:00	
Fri.	01/27	5	7:15 - 9:05
		6	9:15 -11:00
		Early dismissal: 11:00	
Make up exam time will be mutually arranged between the teacher and student.			
Should a school day be cancelled due to snow, exams will continue in order, beginning with Period 7 and ending with Period 6.			

Please encourage your children to bring additional materials to work on **quietly** should they finish an exam early.

### *PE Classes/Gym use*

Only those students who are scheduled for PE are allowed in the gym during their scheduled PE class.

### *Periods with no exams*

Students who are scheduled for **labs** and/or **teacher aide periods** are able to arrive late or dismiss early if they have a parental permission slip signed. (Slips are located in Main Office.)

### *Second semester schedules*

After exams are over, we will be starting a new semester, so during exam week, we will pass out the new schedules to your children. Please make sure they get their second semester schedules during this week, and please make sure any necessary schedule changes are made within the first two weeks of the second semester. Report cards for the second marking period will be mailed home by February 10<sup>th</sup>.

### *College financial aid forms*

Now is the time for parents of seniors to get their tax returns sent in, so they can start filling in Financial Aid Forms. The sooner you get the FAFSA form in, the more financial aid you are likely to receive.

### *Potluck Parenting Seminars*

There have been some parenting seminars offered in the vicinity this year, and two are left in the series. The two remaining seminars are “Potluck Parenting 3: Navigating the Rights of Spring – Getting your teen safely through spring break and Prom to senior week” on January 19, 2006 at Salesianum School and “Potluck Parenting 4: Transition to College – The importance of the first 6 weeks” on April 6, 2006 at Wilmington Charter School. They do not cost anything, but you will need to register by one week before the event. To register, contact Mary Perno from the University of Delaware Center for Drug and Alcohol Studies at mperno@udel.edu or by calling 302-831-4470. More information can be found at [www.udel.edu/usa](http://www.udel.edu/usa).

### *Choice Applications*

All Choice applications are due to the district office by January 11, and those students need to be preregistered by that date too. Since there were changes made to the school

attendance boundaries for 2005–06, some students who currently attend Newark High School may find that their feeder pattern is for another school for next year.

### *Changes to Feeder pattern*

**Please be aware that your child may not necessarily be assigned to Newark High School next year.** Please go to the district website [www.christina.k12.de.us](http://www.christina.k12.de.us) to see if you are affected by the change in feeder pattern. There is a link where you can fill in your address and it will tell you what elementary, middle, and high schools your children will be assigned to attend next year. The section called “Changes to School Attendance Boundaries in 2006-2007: Resources for Parents and Students” may be linked directly from the District homepage. This section contains maps, a searchable database of feeder patterns, and useful information about changes and improvements in 2006. Choice applications are also available online. Parents are encouraged to contact the Education Options Office at 552- 2618 for more information, applications, and Choice guidelines.

### From [www.christina.k12.de.us](http://www.christina.k12.de.us)

The Christina Board has approved “grandfathering” for all students currently enrolled in Christina School District high schools as of January 11, 2006.

Students that will be assigned to a new high school for 2006-07 will receive an invitation letter in late January giving them the option to either remain enrolled at their current high school or transfer to their new feeder high school. To be guaranteed an invitation under this “grandfathering” provision, parents must either respond accept to remain in the student’s current high school or reject to be enrolled in the student’s new feeder high school.

Students eligible for grandfathering will **not** automatically be assigned to their current high school. Parents/guardians wishing to exercise their grandfathering option **must reply to this invitation letter**. Responding “accept” to this invitation will allow the student to remain in their current high school until they graduate.

# PARENT BUZZZZZZ... FROM NHS PTA

NEWARK HIGH SCHOOL PARENT TEACHER STUDENT ASSOCIATION

PTSA presents

## Christina School District Questions & Answers

Thursday, January 5  
7:00 p.m. in NHS A-Cafe

What questions do YOU have for the Christina School District?  
CSD representatives will be here —  
Ask everything you want to know!

Please e-mail questions in advance to [kaler@comcast.net](mailto:kaler@comcast.net).  
Questions will also be taking at the meeting, time permitting.

Please join us for a short PTA introduction at 7:00 p.m.,  
followed by the presentation at 7:15 p.m.

### *Tips from Dana: Studying for Exams*

- Ask the format of the test to study most effectively. (Studying for a multiple choice test is different than studying for an essay test.)
- Studying with a group can be very effective *if* done correctly. Students must review the material **before** the group meeting to be prepared to get the most from the study session.
- Note cards are can be helpful study aids. For example, write a vocabulary word on one side with the definition on the other. Once the student is confident of the information, he or she can remove the card and focus on the others. Any that remain tricky can be saved out to review again right before the test. When the test begins, students can look for the “tricky” problems first while the answers are fresh in their minds.
- Note cards can also be used for matching questions and answers which is helpful practice for matching or multiple choice tests. Another note card trick is to write the topic on one side with the number of facts to learn, then list the facts on the back.

### *Help for the College Application Process*

Deciding which colleges to apply to, studying for SATs, filling out applications, writing essays,... it can be overwhelming! Professional help is available. Contact Dana Dimock 368-3252 or e-mail [DRJML12@hotmail.com](mailto:DRJML12@hotmail.com).

### Junior and Senior Photos Requested

The NHS After Prom Committee is requesting photos of juniors and seniors with their fellow junior and senior friends throughout the years. Please send us copies or scans of photos (they will **not** be returned) for use in After Prom decorations. For photos of young (unrecognizable) kids, please include a note with names. E-mail scans in JPEG format to [kaler@comcast.net](mailto:kaler@comcast.net) or drop the photos off in the main office at school in the After Prom box or PTA mailbox. A \$5 donation (or more if possible) submitted with the photo(s) would be greatly appreciated, but is not required. Please make checks to NHS PTA. Money collected will be used by the After Prom committee to help defray costs for all decorations, entertainment, food, etc.

## CHRISTINA DISTRICT NEWS

### Board Approves Jan. 26 as the date for a 2006 Referendum

The Christina Board of Education approved January 26, 2006 as the date of a combined capital and operational referendum. The District originally planned to ask the community to support a referendum in the spring of 2006, but several factors have made it necessary for this vote to be held in late January. Building costs have risen significantly since the last capital referendum in 2002, and the District will experience a shortfall in the funds appropriated for two major construction projects that will affect the District's Transformation process. These include the construction of a new elementary school in Bear and the creation of a new middle school in the former Astro Power building on 896 in Glasgow.

To remain on schedule for implementing new grade configurations and

attendance boundaries—two factors necessary to resolve the problem of long commutes and frequent school moves for District children—the District must request supplemental funding to complete these key projects. In addition, the referendum contains funds that will convert Bancroft School to a middle school, improve facilities and program offerings at the District's other middle schools and high schools, support the implementation of Full-Day Kindergarten, create effective alternative schools, and continue renovations and improvements to 18 District schools between 2005 and 2010.

Small Learning Community projects at each of the three high schools are included in the referendum package, and all three high schools would receive new science laboratories. More information about the referendum will be provided to residents in upcoming months. The District website will also provide resources for residents and parents that will include a Tax Calculator and information about the Senior Citizen School Property Tax Credit. Please add the Christina School District website to your "favorites" list at the following address: [www.christina.k12.de.us](http://www.christina.k12.de.us).

#### Stay up to date on the Superintendent's Search

Check the Superintendent's Search area on the Christina School District website at [www.christina.k12.de.us](http://www.christina.k12.de.us), or at the following address: [www.christina.k12.de.us/Search2005/](http://www.christina.k12.de.us/Search2005/)

## FROM THE NHS NURSES' OFFICE

### Flu Season Information and Tips

Influenza, also called the flu, is a contagious disease that is caused by the influenza virus. The main way influenza is spread is from person to person in respiratory droplets of coughs and sneezes. The flu is different from a cold. Symptoms usually come on suddenly and may include:

- Fever
- Headache
- Tiredness
- Dry cough
- Sore throat
- Nasal congestion
- Body aches

Some people can be infected with the flu virus but not have symptoms. During this time, those persons can still spread the virus to others.

#### Practice tips for flu prevention:

- Covering your mouth when coughing and sneezing
- Frequent hand washing with soap and water, especially after coughing and sneezing.
- Avoiding close contact with individuals who are ill.
- Staying home if you are sick!

#### Who is considered "High Risk"?

- All children aged 6-23 months
- Adults age 65 years and older
- Persons age 2-64 years with underlying chronic medical conditions
- All women who will be pregnant during the influenza season

- Residents of nursing homes and long-term care facilities
- Health-care workers involved in direct patient care
- Out of home caregivers and household contacts of children less than 6 months old.

#### What to do if you get the flu:

- Rest
- Drink plenty of fluids
- Avoid using alcohol and tobacco
- Take medications to relieve the symptoms of flu

For more information log onto [www.cdc.gov/flu](http://www.cdc.gov/flu) or <http://www.state.de.us/dhss/dph/dpc/immunize-flu.html>

## MORE FROM THE NHS NURSES' OFFICE

### What's New in the NHS Cafeteria?

**Update on food information offered in the cafeteria:** Many positive changes have been made to the cafeteria menu to increase healthy food choices and provide food with less fat and sugar content. Some of the changes are as follows:

- Whole grain breads introduced early 2005 to add fiber
- Removal of soda machines last year
- Snack foods cannot have more than 35% of calories from sugar or other sweeteners and no more than 8 grams of fat per serving or must

have 35% or less of its total calories from fat.

- Beverages offered must be made with at least 50% (up to and including 100%) real fruit juice and must not contain added sweeteners
- Foods are not fried
- Fresh fruits are offered daily

There are exciting new menu offerings in the middle and high school cafeterias. They include:

- A minimum of six salad selections
- Poached Salmon and Salmon Caesar salad

- New packaged sandwiches
- More entrée offerings
- Oriental stir-fry
- Caribbean, Middle-Eastern and regional American Cuisines
- BBQ chicken with jalapeno baked beans
- Authentic Latin and Spanish offerings
- Signature stuffed baked potato

Other changes include offering of flatbread pizza made to order with toppings such as chicken and fresh vegetables.

## NHS ARMY JROTC

### NHS Army JROTC January Update: Yellowjacket Battalion

As we entered the second marking period, the cadets had their first graded uniform inspection on November 30. Though it was a graded inspection for the upper class men it was a learning experience for all of the new LET-1s (1st year cadets). They learned proper ribbon, rank, and other measurements for their uniforms; also how to wear the uniform properly so they could get the maximum amount of points on their first inspection on December 7. They seem eager to look sharp and represent us and Army JROTC well.

Also on December 7 the corps of cadets had our First Marking Period Awards Ceremony. Cadets were recognized for their scholastic and personal achievements. The cadets can earn multiple awards, including perfect attendance, the academic achievement ribbon for getting an A in JROTC, the academic achievement badge for being in the top 10% of their class period, and the honor roll ribbon for making the NHS honor roll. There was also a Choice Open House on December 7, where a group of dedicated cadet ushers helped parents find their

way throughout the school. We also supported two informative displays.

Although the Drill team was scheduled to go to a Drill Competition on December 10 it was canceled due to inadequate time to complete the necessary forms and acquire the necessary funds for it. All news is not bad; if we play our cards right the Yellowjacket Battalion Drill Team will head to another competition, scheduled in January. Also a wonderful Color Guard led by C/SFC Michael Chester, marched in Dover on the Delaware State campus for the State High School Football Championship on Friday, December 2, Newark vs. Salesianum. The Color Guard marched in the Elsmere Holiday Parade on December 11, led by C/2LT **Sarah Hurst**. Despite having no full time NCO, our Raider unit has started having with enthusiasm and innovation.

The Yellowjacket Battalion had its second Leadership Lab on December 14, in full uniform. The upper class men, already knowing what to do during this full Battalion formation,

helped the LET-1s and 2s to learn the proper positioning, their moves, and what their responsibilities entail. Although we could not have our usual yearly Battalion Picnic due to inclement weather, the Battalion Staff opted to hold a Bowling Party on the 17th of December.

On the 21st of January the cadets will be holding their 11th annual Dining-In, a perfect opportunity for all the cadets of the Battalion to become better acquainted. This event is intended to foster relationships among cadets, since it is for the cadre and cadets of the Battalion and specially invited guests. It is an evening of ceremonies, tradition, fabulous food, door prizes, fellowship and fun. Hopefully this event will be as smooth and rewarding as it has in past years. So, our "world" of activities beyond the classroom bustles with formal and professional events, social events, and always service to school, community and country.

*S-2 Public Information Assistant  
C/2LT Antonio Calzada-Charma*

## Five Honor Society Members Attend National Conference

Five seniors represented Newark High School at the National Honor Society (NHS) and National Junior Honor Society (NJHS) National Conference, November 11-13 in Washington, D.C. Over 1,000 students and advisers from across the country attended.

Representing Newark at the conference and competing in the fourth annual Scholars' Bowl were **Anna Peng, Jung Kim, Laura Yarnall, Dan Krantz** and **Libby Nelson**. Honor Society adviser Mrs. Sharon Sundelin accompanied the students.

In addition to testing their academic "quick recall" in the Scholars' Bowl, the students attended workshop sessions on leadership, character building, and student service projects. They also listened to presentations from nationally recognized speakers and networked with student leaders and advisers from schools across the nation.

This was the first year Newark has competed in the Scholars' Bowl, which consists of individual and team events in the areas of English, math, science, social studies and general knowledge. Twenty-two teams participated in the competition, which was won by Clear Lake High School in Houston, Texas.

"The NHS Scholars' Bowl matches many of the nation's highest achievers in a fast paced and challenging competition," said Rocco Marano, NHS director. He commended the competitors for their "continued pursuit of excellence."

The National Honor Society and the National Junior Honor Society are the nation's premier organizations recognizing outstanding high school and middle level students who demonstrate excellence in the areas of scholarship, leadership, service, citizenship, and character.

The two organizations promote and provide student recognition and leadership development opportunities to prepare and empower students to serve their schools and communities. The National Association of Secondary School Principals (NASSP) sponsors the organizations.

"NHS and NJHS members are outstanding student leaders in our schools today who are certain to continue to be influential leaders in their chosen fields in the future," said Dr. Gerald N. Tirozzi, NASSP executive director. "The NHS and NJHS conference offers these impressive young people an excellent opportunity to meet and exchange ideas with peers from around the country."

## Newark FFA

The Newark FFA chapter has had another successful citrus sale. Thanks for your support! Deliveries were made before the holiday break.

On December 15, we celebrated the spirit of the holidays by holding the first ever "Winter Wonderland Party". Everyone participated in the "White Elephant Gift Exchange" (where people brought an inexpensive wrapped gift and drew numbers to see what orders the gifts were picked), listened to festive music, and enjoyed the baked goods that people donated. They were also given an opportunity to write letters to American soldiers who must spend their holiday season in Iraq.

The next chapter meeting for the FFA is on January 20 at The Pond in Newark. It will be an Ice-skating Extravaganza! Everyone is invited to skate with Newark's FFA chapter from 8 p.m.– 10 p.m.! This will also serve as a fundraiser for the FFA—the more people that come, the more FFA will be able to do this year, such as field trips, chapter meetings, and State Convention! Please help support the FFA by joining us at the Pond!

Keep looking for information on National FFA Week (in February) and State Convention (in March). Updates will be coming soon!

*Kelly Oldis*  
NHS Agriscience Teacher

## Need Help with SAT Preparation?

My name is Diana Freccia and I tutor for the SAT. The program I offer is one-on-one allowing me to diagnose a student's individual needs, which may get lost in a group setting. This program uses fun ways to improve vocabulary and provides strategies for essay writing, math, grammar and critical reading. By focusing on

skills that lead to higher achievement on the exam, I have found that this one-on-one method boosts confidence and lowers anxiety when preparing for this important step in your child's education. My program has seen a lot of success in Long Island, New York, and I am looking to continue that success in the Newark area. Please call

me if you are interested to know more about my program. I start in early January and work up to the May test. I also do another round in July working towards the October or November test. Space is limited and is quickly filling up! You can reach me by cell phone at (516) 457-7470 or by e-mail at [diana@photodee.com](mailto:diana@photodee.com)

# NHS VISUAL & PERFORMING ARTS

## Delaware Senior All State Choir

Congratulations to the following students who were selected for the Delaware Senior All State Choir:

Mixed Choir

**Nicole McHugh**, Alto  
**Sara Hermann**, Alto  
**Colleen Gilmore**, Alto  
**Daniel Booker**, Bass  
**J. Kurtis Wittman**, Bass  
**Michael Twardus**, Tenor  
**Latdior Williams**, Tenor

Women's Choir

**Caroline Beggs**, Soprano  
**Monica Hanson**, Soprano  
**Sara Schwartz-Glassner**, Soprano

Delaware All State Choir Concert event will be on Saturday, February 4th, 2005 at John Dickinson High School starting at 7:30 p.m.

## NHS Orchestra

NHS Orchestra highlights from the month of November include a performance with the University of Delaware Orchestra in their "Blue Hens and Yellowjackets" concert and the commencement of our Visiting Artist Activity with the Philadelphia Orchestra.

Please join us for our upcoming concerts:

### *All-State Orchestra*

Saturday, January 28, 7:00 p.m.  
 at The Independence School  
 Papermill Road, Newark

### *An Orchestrated Performance*

Tuesday, February 14, 7:00 p.m.  
 in the NHS Auditorium

## Musical Meal at Friendly's

The Newark High Music Boosters are having a Family Fun Night at Friendly's on Rt. 896 January 17th from 5 p.m. to 9 p.m. You do not need a flyer to get credit at the restaurant. All you have to do is go from 5 to 9, eat, and enjoy!

A portion of the restaurant's receipts will benefit the NHS Music Boosters who support the NHS Music Department in many ways. It's a delicious way to have fun and support our musicians at the same time!

## Attention ALL students: PTSA Reflections Program Entries

PTSA Reflections is a local, state and national program that promotes the visual arts and creative writing. The entries of the five winning Newark High School students in each of the four categories will be sent to the state PTA for judging.

This year's theme is "I Wonder Why..." and the four categories are Literature, Musical Composition, Photography, and Visual Arts. Submissions must be original. Students may submit more than one entry and they may submit in multiple categories.

**The deadline for all entries is Monday, January 9, 2006.** Please pick up the packet of information and entry forms from Mrs. Yarnall, NHS art teacher and Reflections Chairman, in room E006. Questions may be directed to Mrs. Yarnall at [yarnallk@christina.k12.de.us](mailto:yarnallk@christina.k12.de.us) or 631-4700, x 14465. Past winners may be viewed at the virtual Reflections gallery at [www.PTA.org](http://www.PTA.org).

## DCCA Supports AP Art at NHS

The Delaware Center for the Contemporary Arts (DCCA), with support from a grant from JPMorgan Chase Foundation, recently contributed \$500 to the Art Department at NHS to help support Advanced Placement classes in Studio Art. These funds allowed for the purchase of much needed artist-quality supplies that will help students complete their portfolios in preparation for the AP exam.

The DCCA has also committed itself to a growing relationship with NHS through free memberships for our art teachers, free visitation for NHS art students, and upcoming programs bringing DCCA artists and professional staff into the classroom to discuss art careers and experiences with the students.

## Art on Display

Featured for the month of December in the Newark Public Library glass showcases is art from these students: sculptures by seniors **Dan Cooke, Nicole Herrrema, Matthew Lukaszewicz, Andrew Lynch, Chelsea Maher, Vaughn Powell**, juniors **Trasina Cooper, Caroline Graham, Wes Fornadel**, sophomores **Alex Birch, David Crosby, Amanda Guerin, Vidhi Pandya, Ian Roberts**, freshmen **Alyson Curtis and James Loeb**; paintings by juniors **Jessica Berrier, Caroline Graham and Milos Miletic**, sophomores **Ryan Beck, Alex Birch, Rocco Bradly, Megan Furlong and Tracy Graham** and freshmen **Lauran Aro, Monica Latorre, Devin Maher, Jeremy Scheetz, Liz Young**; ceramics by senior **Chris Sierra**, juniors **Rabab Almugahid and Lindsey Guenther** and sophomore **Minyi Lin**.

# NHS SPORTSMANSHIP & ATHLETICS

Come inside from the cold! Enjoy these upcoming NHS athletic events!

## Boys' & Girls' Swimming & Diving

5-Jan	Thur	Dickinson	Away	3:00
Boys only				
10-Jan	Tues	Salesianum	Home	6:30
12-Jan	Thur	Mt. Pleasant	Away	3:30
19-Jan	Thur	Christiana	Home	6:30
23-Jan	Mon	McKean	Away	3:30
26-Jan	Thur	DMA@Wilm Charter		3:30
31-Jan	Tues	Glasgow	Away	6:30
2-Feb	Thur	Concord	Home	6:30
7-Feb	Tues	William Penn	Away	3:00
9-Feb	Thur	Al DuPont	Home	6:30
14-Feb	Tues	Brandywine	Home	6:30
22 & 25 Feb	Boys' State Meet			
23 & 25 Feb	Girls' State Meet			

## Wrestling

28-29 Dec	A.I. Tiger Classic		TBA
4-Jan	Wed	Glasgow	Home 6:00
6-7 Jan	Glasgow Tournament		
11-Jan	Wed	Wilm. Friends	Home 6:00
19-Jan	Thurs	Charter	Away 6:00
21-Jan	Sat	Salesianum	Home 2:30
23-Jan	Mon	Mt. Pleasant	Home 6:00
25-Jan	Wed	William Penn	Away 6:00
28-Jan	Sat	Concord/Delcastle	11:00
1-Feb	Wed	Al DuPont	Home 6:00
4-Feb	Sat	Archmere	Away 9:00
8-Feb	Wed	Christiana	Away 6:30
17-18 Feb	BHC Tournament TBA		
24 & 25 Feb	State Tournament		

## Varsity Ice Hockey

6-Jan	Fri	St. E's	The Pond	5:00
7-Jan	Sat	Archmere	The Pond	6:40
8-Jan	Sun	St. Mark's	The Pond	8:10
13-Jan	Fri	Caravel	The Pond	5:00
20(Jan)	Fri	Oxford	The Pond	10 <sup>pm</sup>
22-Jan	Sun	Archmere	The Pond	8:10
27-Jan	Fri	Al DuPont	The Pond	6:40
28-Jan	Sat	Middletown	The Pond	8:20
4-Feb	Sat	Concord	The Pond	10 <sup>pm</sup>
10-Feb	Fri	Christiana	The Pond	10 <sup>pm</sup>
11-Feb	Sat	DMA	The Pond	8:20
17-Feb	Fri	Avon Grove	The Pond	6:40

## JV Ice Hockey

See [www.icshl.org/dsha](http://www.icshl.org/dsha) for schedule

## Indoor Track

28-Dec	Wed	Tower Hill	Away	TBA
7-Jan	Sat	Kutztown	Away	9:30
21-Jan	Sat	Kutztown	Away	10:30
25-Jan	Wed	Decater	Away	TBA
2-Feb	Thurs	Glen Mills	Away	4:00
11-Feb	Sat	Tower Hill	Away	1:30
18-Feb	Sat	State Meet@Tower Hill	TBA	

## Varsity & JV Girls Basketball

3-Jan	Tues	Middletown	Home	3:30
JV	5:00			
6-Jan	Fri	William Penn	Home	3:30
JV	5:00			
10-Jan	Tues	Delcastle	Away	3:30
JV	5:00			
14-Jan	Sat	Charter	Away	11:00
JV	1:00			
18-Jan	Wed	Christiana	Home	6:00
JV	7:30			
21-Jan	Sat	Glasgow	Home	2:30
JV	1:00			
24-Jan	Tues	Al DuPont	Away	4:45
JV	3:30			
27-Jan	Fri	Middletown	Away	7:30
JV	6:00			
31-Jan	Tues	William Penn	Away	3:30
JV	5:00			
1-Feb	Wed	Campus Com.	Away	4:00
3-Feb	Fri	Delcastle	Home	3:30
JV	5:00			
7-Feb	Tues	Charter	Home	3:30
JV	5:00			
10-Feb	Fri	Christiana	Away	6:00
JV	5:00			
14-Feb	Tues	Glasgow	Away	6:30
JV	5:00			
17-Feb	Fri	Al DuPont	Home	3:30
JV	5:00			

## Freshmen Girls' Basketball

9-Jan	Mon	Middletown	Home	3:30
12-Jan	Thurs	Brandywine	Away	3:30
17-Jan	Tues	Christiana	Away	3:30
19-Jan	Thurs	William Penn	Home	3:30
26-Jan	Thurs	Delcastle	Home	3:30
30-Jan	Mon	Al DuPont	Home	3:30
9-Feb	Thurs	Dickinson	Home	3:30
13-Feb	Mon	Charter	Away	3:30
16-Feb	Thurs	Glasgow	Away	3:30
21-Feb	Tues	St. Marks	Home	3:30

## Varsity & JV Boys' Basketball

3-Jan	Tues	Middletown	Away	5:30
JV	4:00			
6-Jan	Fri	William Penn	Away	7:30
JV	6:00			
10-Jan	Tues	Delcastle	Home	7:30
JV	6:00			
13-Jan	Fri	Charter	Home	7:30
JV	6:00			
18-Jan	Wed	Christiana	Home	7:30
JV	6:00			
21-Jan	Sat	Glasgow	Away	2:30
JV	1:00			
24-Jan	Tues	Al DuPont	Home	7:30
JV	6:00			
27-Jan	Fri	Middletown	Home	7:30
JV	6:00			
30-Jan	Mon	Caravel	Away	7:30
JV	6:00			
31-Jan	Tues	William Penn	Home	7:30
JV	6:00			
3-Feb	Fri	Delcastle	Away	6:30
JV	5:00			
7-Feb	Tues	Charter	Away	7:00
JV	6:00			
10-Feb	Fri	Christiana	Away	7:30
JV	6:00			
14-Feb	Tues	Glasgow	Home	7:30
JV	6:00			
17-Feb	Fri	Al DuPont	Away	7:45
JV	6:00			
21-Feb	Tues	St. Marks	Home	7:30
JV	6:00			
23-Feb	Thurs	St. Elizabeth's	Home	7:30
JV	6:00			

## Freshmen Boys' Basketball

3-Jan	Tues	Mt. Pleasant	Home	3:30
5-Jan	Thurs	McKean	Home	3:30
9-Jan	Mon	Middletown	Home	3:30
12-Jan	Thurs	Brandywine	Away	4:45
17-Jan	Tues	Christiana	Away	3:30
19-Jan	Thurs	William Penn	Home	4:30
21-Jan	Sat	Glasgow	Away	1:00
23-Jan	Mon	Caravel	Away	3:30
26-Jan	Thurs	Delcastle	Home	3:30
30-Jan	Mon	Al DuPont	Home	3:30
2-Feb	Thurs	Howard	Away	3:30
13-Feb	Mon	Charter	Away	3:30
16-Feb	Thurs	Glasgow	Away	4:30
21-Feb	Tues	St. Marks	Home	3:30

# NHS SPORTSMANSHIP & ATHLETICS

## Congratulations Yellowjacket Soccer Players

Newark Boys Soccer celebrated with their banquet on Nov. 18. Congratulations to all the players, including those presented with these awards at the banquet:

### Varsity Soccer Awards

All State:	<b>Sam Kaler</b>
All Conference:	<b>Sam Kaler</b> <b>Boz Weir</b> <b>Ryan McVey</b> <b>Steve Bialorucki</b>
Principal/AD Award:	<b>Dan Krantz</b>
Sportsmanship Award:	<b>Chris Beegle</b>
Player Award:	<b>Sam Kaler</b>
Outstanding Defense:	<b>Ryan McVey</b>
Outstanding Offense:	<b>Steve Bialorucki</b>
Most Valuable Player:	<b>Sam Kaler</b>
Heart Award:	<b>Chris Beegle</b>
Most Improved:	<b>Steve Bialorucki</b>
Blue/White All Star:	<b>Sam Kaler</b>

### JV Soccer Awards

Sportsmanship Award:	<b>Matt Finkley</b>
Outstanding Defense:	<b>Dan Waters</b>
Outstanding Offense:	<b>Pedro Sanchez</b>
Most Valuable Player:	<b>Juan Palacios</b>
Heart Award:	<b>Dan Waters</b>
Most Improved:	<b>Matt Finkley</b>

### Freshman Soccer Awards

Sportsmanship Award:	<b>Chris Spryes</b>
Outstanding Defense:	<b>Charles Spryes</b>
Outstanding Offense:	<b>Jon Chamberlain</b>
Most Valuable Player:	<b>Vinnie Alberici</b>
Heart Award:	<b>Matt Morris</b>
Most Improved :	<b>Eric Fernandez</b> <b>Ricky Shum</b> <b>Ryan Zuvich</b>

## Football News

The football banquet will be held on Thursday, January 19 beginning at 6:30 p.m. For more information please contact Kelly Fowler at kelly5966@att.net or 266-8104.

Parents of all students planning to play football next year should attend a meeting on Tuesday, January 24 at 7:00 p.m. in A-Caf to establish committee chairs and elect new officers for next year. Many of this year's chairs and officers are parents of seniors and will not return next year so your attendance at this important meeting is vital.

## NHS AFTER PROM 2006

### Join the Fun! The After Prom Committee Needs You!

#### *Donations Requested: Time, Space, Treasures, and Junk!*

The 2006 After Prom committee is already hard at work planning this year's event (Friday, May 12th). We are looking for **unfinished warehouse or office space** to be used to paint large sheets of tyvek. If you know of any available space, please contact Pat Hammond (pathamm809@comcast.net) or Kathy Vacek (kemgv@comcast.net).

The committee is looking for **people to help** with selecting/arranging for entertainment, soliciting donations (cash or merchandise) from the community, helping with mailings, and always welcomes more people to help with the decorating. **E-mail kemgv@comcast.net or pathamm809@comcast.net for information or to volunteer.**

The committee is also looking for the **items listed** below to be used in the decorations for after prom.

- Large rolls of tyvek
- Carpet remnants - colors: burgundy, gold, deep reds, browns, dark greens, deep blues
- Pillows
- Beaded garland
- Holiday garland (not tinsel)
- Rolls of gold ribbon
- Wrapping paper tubes
- Solid table cloths – preferably in jewel tones (gold, burgundy, deep reds, dark greens)
- Christmas lights (color or white)
- Fabric
- Batting
- Beads
- Costume jewelry

- Porch chair cushions
- Indian gauze bedspreads
- Plastic beaded curtains
- Hotel soaps and lotions

Contact Jane Reese (janewreese@aol.com or 368-5725) if you have any items to donate.

And finally, we are collecting **gift items** that will be given as door prizes during After Prom. We are hoping to give away prizes such as iPods, mini refrigerators, telephones, Bath & Bodyworks type baskets, gift cards, alarm clocks, etc. If you would like to donate gifts to be given out that evening, please contact Pat Hammond (pathamm809@comcast.net) or Kathy Vacek (kemgv@comcast.net).

## FROM THE NHS ADMINISTRATION

### *Student Achievement*

With mid-term exams rapidly approaching, now is a good time for parents to make sure their students have developed effective test taking skills and strategies. Additionally, I would encourage students to review their class notes, returned assignments, homework and quizzes to help prepare for the exams. These are very important skills which will improve your performance on your semester exams and standardized assessments such as the DSTP, SAT and AP exams.

We also want to share with you several web sites that can help parents learn more about working with their students to improve their test taking skills:

- <http://www.testtakingtips.com/>
- <http://www.ncsu.edu/felder-public/Papers/testtaking.htm>
- <http://www.studygs.net/tsttak1.htm>

- <http://www.mtsu.edu/~studskl/test-strat.html>

Second semester classes will begin Monday, January 30, 2006. Typical class changes would include Health, Physical Education, Driver's Education and support seminar classes.

Your student will be bringing home new course information sheets for any classes that change at the semester break.

### *Parent & Community Engagement*

Newark High School held a special Open House for incoming and transferring students on December 7. Approximately 150 families that currently attend the Independence School, Newark Charter, Shue-Medill, Kirk, Gauger-Cobb, as well as other middle and high schools throughout New Castle County, came to see why NHS is the NUMBER ONE and ONLY CHOICE for students seek-

ing a rigorous learning environment focusing on excellence in Academics, Athletics, and the Arts.

Dr. Caulk gave an excellent overview of all the educational programs that are offered at Newark High School. The presentation was met with overwhelming support from all parents and students.

### *PSAT Parent Information Night*

Your student(s) should have received their 2005 PSAT score report. If your student(s) did not receive his/her report please contact his/her counselor. A PSAT parent night will be held on Monday, Jan. 9th from 6:30 until 7:30 p.m. in the auditorium to help parents understand how to interpret the results. Please bring a copy of your child's report with you to the information night.

## CHRISTINA SCHOOL DISTRICT NEWARK HIGH SCHOOL

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buzzing about our  
amazing yellowjackets!*