

Newark High School
Home of the “Yellowjackets”



Menu for Week of March 22, 2010

Buzz n Go – Pizza Available daily with **Fresh** Garden or Caesar Salad

Monday: Stuffed Crust

Tuesday: Pepperoni Pizza

Wednesday: Seasons Pizza

Thursday: French Bread

Friday: Stuffed Crust

Wrap it Up Deli – 5 Days a Week

Create your own sub/wrap from a selection of turkey, ham, roast beef, salami, cappacola, and assorted cheeses. Don't forget the toppings: lettuce, tomato, hot/sweet peppers, pickles, onions *all served on multi-grain wraps/rolls

Hot Sandwich Creations

Monday: Chicken Patty, Pepperjack Cheeseburger, Cheesesteak

Tuesday: Chicken Nuggets

Wednesday: Chicken Patty, Hot & Spicy Chicken Patty, Cheeseburger

Thursday: Chicken Nuggets

Friday: Chicken Patty, Grilled Cheese, Fish Filet

Tex Mex – 5 Days a Week

Choice of hard or soft tacos, nachos or burrito made with seasoned beef or chicken.

Choice of toppings include: lettuce, tomato, sour cream, shredded cheese, black olives, black beans, jalepeno peppers

Vegetarian Choices

Fruit and yogurt platter

Customize your “veggie” salad from our salad bar

Customize your “veggie” sandwich from our deli bar

All meals include a choice of fresh fruit, vegetables & dip, and assorted HyPoint Milk