

From the Cobra's Den at Gauger Cobbs Middle School
March Menu
Week of 3/22/10



Entrées

- Monday** Chicken Patty on Bun or Eggroll
served with broccoli & cheese, peaches
- Tuesday** Hot Turkey & gravy on Roll or Manager's Choice
served with mashed potatoes, diced carrots, fresh fruit
- Wednesday** Season's Pizza or Baked Chicken/Dinner Roll
served with garden salad, pears
- Thursday** Cheeseburger or Chicken Fajita
served with chicken rice soup, baby carrots w/dip, applesauce
- Friday** Toasted Cheese or Meatball Sub
served with tomato soup, green beans, fruit

Deli Bar (Tuesdays & Thursdays)

Build your own sandwich creation from a choice of tuna, turkey, ham, assorted cheeses, lettuce, tomato, peppers, pickles, atop assorted whole grain breads or flour tortilla.



Salad

Enjoy a freshly made salad from selections that include assorted chef salads, buffalo chicken salad and more served with fat free dressing and crackers.

Grab-N-Go Meals

Save time and enjoy a complete meal on the go.....your choice of salads, sandwiches, wraps and subs.

All meals include a choice of fresh and cooked vegetable, fruit and milk

Menu Subject to Change