

CHRISTINA SCHOOL DISTRICT
MARCH 2010 - MIDDLE SCHOOL CARB MENU
3/8-3/12 National School Breakfast Week

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHEESESTEAK 44 OR SPICY CHICKEN PATTY 46 Green Beans 5 Fresh Fruit 19 Milk	2 CHICKEN TENDERS 21 OR EGG ROLL 26 Chicken Veg. Soup 11/Steamed Rice 23 Baby Carrots 4 w/ Dip 7 Mixed Fruit 18/Milk	3 SEASON'S PIZZA 38 OR BBQ RIBLET 53 Garden Salad 4 w/FF Dressing 4 Cinnamon Applesauce 14 Milk	4 BEEF 5 & CHEESE 1 NACHOS 19 OR BURRITO 46 Lettuce 5/Tomato/Salsa 3 Fat Free Sour Cream 2 Peaches 12/Milk	5 FISH NUGGETS 24/WHEAT ROLL 17 OR TACO SALAD 29 Potato Choice 18 or Fresh Broccoli Bites 3 w/Dip 7/Fresh Fruit 19 Milk
8 <u>BREAKFAST FOR LUNCH</u> BAKED FRENCH TOAST STICKS 42 w/Syrup 26; STRING CHEESE 1 & SAUSAGE 1 PATTY OR MEATBALL SUB 48 Warm Apple Slices 20 or Baby Carrots 4 w/Dip 7 Orange Juice 13/Milk	9 GRILLED CHICKEN PATTY W/CHEESE SANDWICH 27 OR PASTA BAR 41/WHEAT ROLL 17 Seasoned Corn 17 Fresh Fruit 19 Milk	10 <u>BREAKFAST FOR LUNCH</u> EGG SAUSAGE CHEESE BREAKFAST BUN 32 OR SEASON'S PIZZA 38 Potato Choice 18 or Fresh Cucumber Slices 3 Orange Juice 13 Milk	11 BBQ CHICKEN ON ROLL 38 OR PIZZA BURGER 30 Peas and Carrots 8 Chilled Pears 19 Milk	12 TOASTED CHEESE SANDWICH 47 OR CHEESE STEAK SANDWICH 44 Tomato Soup 25 Mixed Vegetables 15 Fresh Fruit 19 Milk
15 FOOT LONG HOT DOG 48 OR CHICKEN TENDERS 21 Baked Beans 26 or Grape Tomatoes 4 w/Dip 7 Mixed Fruit 18/Milk	16 BEEF A RONI 45 OR COWBOY CHICKEN SANDWICH 73 California Blend Veggies 5 Pineapple & Mandarin Oranges 15 Milk	17 <u>ST. PATRICK'S DAY</u> SEASON'S PIZZA 38 OR SWEET & SOUR CHICKEN W/BROCCOLI OVER RICE (81) Celery Sticks 1 w/ Dip 7 Green Apple 15/Milk	18 QUESADILLA CHICKEN 35 OR CHEESEBURGER 32 Lettuce 5/Salsa 3/FF Sour Cream 2 Rice & Beans 23 Peaches 12/Milk	19 STUFFED CRUST PIZZA 51 OR TUNA WRAP 54 Hot Vegetable Choice 5 Orange Wedges 19 Milk
22 BREADED CHICKEN PATTY 46 OR RAVIOLI W/SAUCE 54 Steamed Broccoli 5 Peaches 12 Milk	23 BEEF 5 & CHEESE 1 NACHOS 19 OR CHICKEN SNACK WRAP 79; Lettuce 5/Tomato/Salsa 3 Fat Free Sour Cream 2 Pears 19/Milk	24 SEASON'S PIZZA 38 OR HOT TURKEY W/GRAVY ON ROLL 37 Mashed Potatoes 18 Diced Carrots 6 Fresh Fruit 19/Milk	25 CHEESEBURGER ON BUN 32 OR CORN DOG 30 Chicken Rice Soup 16 Baby Carrots 4 w/Lite Ranch Dip 7 Applesauce 14 Milk	26 PIZZA (4X6) 36 OR FISH SANDWICH 49 Seasoned Corn 17 Fresh Fruit 19 Milk
29 CHICKEN NUGGETS 20/ROLL OR HOT HAM & CHEESE ON KAISER 37 Cauliflower & Cheese (10) or Celery Sticks 1 w/Dip 7 Mixed Fruit 18/Milk	30 ROTINI W/MEATSAUCE 47 OR MOZZARELLA STICKS 42 W/DIP 10 Garden Salad 4 w/ FF Dressing 4 Breadstick 21 Fresh Fruit 19 Milk	31 SEASON'S PIZZA 38 OR BUFFALO CHICKEN SANDWICH 56 Cream of Broccoli Soup 7 Green Beans 5 Applesauce 14/Milk	Milk: Lactaid = 13 1% milk = 12 Chocolate = 25 Strawberry = 26	Minlimum of 3 of the following offered daily: Smucker's® PB & J 51 Asst. Deli Sand. 31/Wraps 54 Asst. Salads 40/Chef Salads 25 Fruit & Yogurt Platter 80 or Fruit, Yogurt & Cheese Platter 59

BUY 10 GET 1 LUNCH FREE PROGRAM

K-5 \$15.00 SEND CHECK OR CASH TO THE SCHOOL CAFETERIA
 6-12 \$17.50 REDUCED \$ 4.00

Be sure to include your child's name on the check or envelope. Fresh fruit available daily.

Menu subject to change

LUNCH PRICES

Student Grades K-5 \$1.50
 Student Grades 6-12 \$1.75
 Reduced Student \$.40
 A La Carte Milk \$.45
 Adult \$3.00

REAKFAST PRICES

Student Grades K-5 \$.80
 Student Grades 6-12 \$1.00
 Reduced Student \$.25
 Adult \$1.50