

**CHRISTINA SCHOOL DISTRICT  
MARCH 2010  
CARBOHYDRATE ELEMENTARY MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>CHEESESTEAK 35</b> Green Beans 5 Fresh Fruit 19 Milk	2 <b>CHICKEN TENDERS 13</b> Chicken Vegetable Soup 8 Steamed Rice 23 Baby Carrots 4 w/ Dip 7 Mixed Fruit 18 Milk	3 <b>PEPPERONI PIZZA (4X6) 36</b> Garden Salad 4 w/ FF Dressing 4 Cinnamon Applesauce 14 Milk	4 <b>BEEF 5 &amp; CHEESE 1 NACHOS 19</b> Lettuce 5/Tomato/Salsa 3 Fat Free Sour Cream 2 Peaches 12 Milk	5 <b>FISH NUGGETS 16/WHEAT ROLL 20</b> Potato Choice 18 Or Broccoli Bites 3 w/Dip 7 Fresh Fruit 19 Milk
8 <b><u>BREAKFAST FOR LUNCH</u></b> <b>Baked French Toast Sticks 42 &amp; Syrup 26 &amp; String Cheese 1 &amp; Sausage Patty 1</b> Hot Apple Slices 20 or Orange Juice 13 Baby Carrots 4 w/Dip 7 Milk	9 <b>GRILLED CHICKEN PATTY W/CHEESE 40 OR HAWAIIAN CHICKEN SANDWICH 38</b> Seasoned Corn 17 Fresh Fruit 19 Milk	10 <b><u>BREAKFAST FOR LUNCH</u></b> <b>EGG SAUSAGE CHEESE BREAKFAST BUN 32</b> Potato Choice 18 Or Cucumber Slices 3 Orange Juice 13 Milk	11 <b>BBQ CHICKEN ON ROLL 38/11</b> Peas and Carrots 8 Chilled Peas 19 Milk	12 <b>TOASTED CHEESE SANDWICH 31</b> Tomato Soup 19 Mixed Vegetables 15 Fresh Fruit 19 Milk
15 <b>HOT DOG on BUN 31</b> Baked Beans 26 Or Grape Tomatoes 4 w/Dip 7 Mixed Fruit 18 Milk	16 <b>BEEF A RONI 27</b> California Blend Veggies 5 Pineapple & Mandarin Oranges 15 Milk	17 <b>ST. PATRICK'S DAY SWEET &amp; SOUR CHICKEN 27</b> <b>W/BROCCOLI 5 OVER RICE 23</b> Celery Sticks 1 w/ Dip 7 Fresh Pear 25 or Green Apple 15 Milk	18 <b>QUESADILLA CHICKEN 35</b> Lettuce 5/Salsa 3/FF Sour Cream 2 Rice & Beans 23 Peaches 12 Milk	19 <b>STUFFED CRUST PIZZA 51</b> Hot Vegetable Choice 5 Orange Wedges 19 Milk
22 <b>BREADED CHICKEN PATTY 46</b> Steamed Broccoli 5 Peaches 12 Milk	23 <b>BEEF 5 &amp; CHEESE 1 NACHOS 19</b> Lettuce 5/Tomato/Salsa 3 Fat Free Sour Cream 2 Pears 19 Milk	24 <b>HOT TURKEY W/GRAVY ON ROLL 37</b> Mashed Potatoes 18 Diced Carrots 6 Fresh Fruit 19 Milk	25 <b>CHEESEBURGER ON BUN 32</b> Chicken Rice Soup 16 Baby Carrots 4 w/ Lite Ranch Dip 7 Applesauce 14 Milk	26 <b>PIZZA (4X6) 36</b> Seasoned Corn 17 Fresh Fruit 19 Milk
29 <b>CHICKEN NUGGETS 14/ROLL 20</b> Cauliflower & Cheese 10 Or Celery 1 w/Dip 7 Mixed Fruit 18 Milk	30 <b>ROTINI W/MEATSAUCE 31</b> Garden Salad w/ FF Dressing 8 Breadstick 21 Fresh Fruit 19 Milk	31 <b>PIZZA 36</b> Cream of Broccoli Soup 5 Green Beans 5 Applesauce 14 Milk	<b>Lactaid = 13</b> <b>1% milk = 12</b> <b>Chocolate = 25</b> <b>Strawberry = 26</b>	Minlmum of 3 of the following offered daily: Smucker's® PB & J 51 Asst. Deli Sand. 31/Wraps 54 Asst. Salads 40/Chef Salads 25 Fruit & Yogurt Platter 80 or Fruit, Yogurt & Cheese Platter 59

**BUY 10 GET 1 LUNCH FREE PROGRAM**

K-5 \$15.00 SEND CHECK OR CASH TO THE SCHOOL CAFETERIA  
6-12 \$17.50 REDUCED \$ 4.00

Be sure to include your child's name on the check or envelope. Fresh fruit available daily.

**Menu subject to change**

**LUNCH PRICES**

Student Grades K-5 \$1.50  
Student Grades 6-12 \$1.75  
Reduced Student \$ .40  
A La Carte Milk \$ .45  
Adult \$3.00

**BREAKFAST PRICES**

Student Grades K-5 \$ .80  
Student Grades 6-12 \$1.00  
Reduced Student \$ .25  
Adult \$1.50