




CHRISTINA SCHOOL DISTRICT
MARCH 2010/CARB BREAKFAST MENU
 National School Breakfast Week 3/8-3/12/10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Assorted Cold Cereal 21 Pepperidge Farm® Grahams 19 Fresh Fruit 19 or Juice 14 Milk	2 Cinnamon Brown Sugar Oatmeal 16 Sausage Patty 1 Fresh Fruit 19 or Juice 14 Milk	3 Bagel-ful 31 Fresh Fruit 19 or Juice 14 Milk	4 Breakfast Pocket 22 Fresh Fruit 19 or Juice 14 Milk	5 Cinnamon Roll 47 Fresh Fruit 19 or Juice 14 Milk
8 MIGHTY MUFFIN (blueberry 45; banana 54; orange 47) Fresh Fruit 19 or Juice 14 Milk	9 Turkey Sausage 1 Breakfast Bagel 19 Fresh Fruit 19 or Juice 14 Milk	10 FUEL UP With Pillsbury® Frudel 36 Fresh Fruit 19 or Juice 14 Milk	11 Scrambled Egg 0 Pancake 13 w/Syrup 26 Fresh Fruit 19 or Juice 14 Milk	12 JUMP START YOUR DAY Cinnamon Toast 14 Lite String Cheese Stick 1 Banana 20 Juice 14/Milk
15 Assorted Cold Cereal 21 Pepperidge Farm® Grahams 19 Fresh Fruit 19 or Juice 14 Milk	16 Scrambled Eggs 0 Biscuit 12 /Jelly 9 Fresh Fruit 19 or Juice 14 Milk	17 ST. PATRICKS DAY Low Fat Honey Bun 46 ½ Kiwi 5 or Juice 14 Milk	18 Breakfast Tortilla 18 w/Salsa 3 Fresh Fruit 19 or Juice 14 Milk	19 Yogurt 19 Granola 25 Peach Cup 12 Fresh Fruit 19 or Juice 14 Milk
22 Assorted Muffin (blueberry 45; banana 54 orange 47) Fresh Fruit 19 or Juice 14 Milk	23 Waffles 32 w/Syrup 26 Fresh Fruit 19 or Juice 14 Milk	24 Bagel-ful 31 Fresh Fruit 19 or Juice 14 Milk	25 Breakfast Pizza 22 Fresh Fruit 19 or Juice 14 Milk	26 Assorted Cold Cereal 21 Pepperidge Farm® Grahams 19 Fresh Fruit 19 or Juice 14 Milk
29 Poptart 37 Fresh Fruit 19 or Juice 14 Milk	30 French Toast Sticks 42 w/Syrup 26 Fresh Fruit 19 or Juice 14 Milk	31 Yogurt 19 Pepperidge Farm® Grahams 19 Fresh Fruit 19 or Juice 14 Milk	Lactaid = 13 1% Milk = 12 Chocolate = 25 Strawberry = 26	

Rev. 2/3/10

BREAKFAST PRICES

Student Grades K-5 \$.80
 Student Grades 6-12 \$1.00
 Reduced Student \$.25
 Adult \$1.50