

Newark High School  
Home of the “Yellowjackets”



Menu for Week of March 15, 2010

**Buzz n Go** – Pizza Available daily with **Fresh** Garden or Caesar Salad

**Monday:** Stuffed Crust

**Tuesday:** Pepperoni Pizza

**Wednesday:** Seasons Pizza

**Thursday:** French Bread

**Friday:** Stuffed Crust

**Wrap it Up Deli** – 5 Days a Week

Create your own sub/wrap from a selection of turkey, ham, roast beef, salami, cappacola, and assorted cheeses. Don't forget the toppings: lettuce, tomato, hot/sweet peppers, pickles, onions \*all served on multi-grain wraps/rolls

**Hot Sandwich Creations**

**Monday:** Chicken Patty, Pepperjack Cheeseburger, Cheesesteak

**Tuesday:** Chicken Nuggets

**Wednesday:** Chicken Patty, Hot & Spicy Chicken Patty, Cheeseburger

**Thursday:** Chicken Nuggets

**Friday:** Chicken Patty, Grilled Cheese, Fish Filet

**Tex Mex** – 5 Days a Week

Choice of hard or soft tacos, nachos or burrito made with seasoned beef or chicken.

Choice of toppings include: lettuce, tomato, sour cream, shredded cheese, black olives, black beans, jalepeno peppers

**Vegetarian Choices**

Fruit and yogurt platter

Customize your “veggie” salad from our salad bar

Customize your “veggie” sandwich from our deli bar

*All meals include a choice of fresh fruit, vegetables & dip, and assorted HyPoint Milk*