

From the Cobra's Den at Gauger Cobbs Middle School
March Menu
Week of 3/15/10



Entrées

- Monday** Foot Long Hot Dog or Burrito
served with baked beans, mixed fruit
- Tuesday** Chicken Nuggets or Beef A Roni
served with California blend, pineapple & mandarin oranges
- Wednesday** Season's Pizza or Sweet & Sour Chicken
served with celery sticks w/dip, green apple
- Thursday** Quesadilla Wedge or Baked Chicken
served with lettuce/salsa/sour cream, rice & beans, peaches
- Friday** Manager's Choice
served with hot vegetable choice, orange

Deli Bar (Tuesdays & Thursdays)

Build your own sandwich creation from a choice of tuna, turkey, ham, assorted cheeses, lettuce, tomato, peppers, pickles, atop assorted whole grain breads or flour tortilla.



Salad

Enjoy a freshly made salad from selections that include assorted chef salads, buffalo chicken salad and more served with fat free dressing and crackers.

Grab-N-Go Meals

Save time and enjoy a complete meal on the go.....your choice of salads, sandwiches, wraps and subs.

All meals include a choice of fresh and cooked vegetable, fruit and milk

Menu Subject to Change