

CHRISTINA SCHOOL DISTRICT
MARCH 2010 - MIDDLE SCHOOL MENU
3/8-3/12 National School Breakfast Week

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHEESESTEAK OR SPICEY CHICKEN PATTY Green Beans Fresh Fruit Milk	2 CHICKEN TENDERS OR EGG ROLL Chicken Veg. Soup/Steamed Rice Baby Carrots w/ Dip Mixed Fruit/Milk	3 SEASON'S PIZZA OR BBQ RIBLET Garden Salad w/FF Dressing Cinnamon Applesauce Milk	4 BEEF & CHEESE NACHOS OR BURRITO Lettuce/Tomato/Salsa Fat Free Sour Cream Peaches/Milk	5 FISH NUGGETS/WHEAT ROLL OR TACO SALAD Potato Choice or Fresh Broccoli Bites w/Dip/Fresh Fruit Milk
8 BREAKFAST FOR LUNCH BAKED FRENCH TOAST STICKS W/STRING CHEESE & SAUSAGE PATTY OR MEATBALL SUB Warm Apple Slices or Baby Carrots w/Dip Orange Juice/Milk	9 GRILLED CHICKEN PATTY W/CHEESE SANDWICH OR PASTA BAR/WHEAT ROLL Seasoned Corn Fresh Fruit Milk	10 BREAKFAST FOR LUNCH EGG SAUSAGE CHEESE BREAKFAST BUN OR SEASON'S PIZZA Potato Choice or Fresh Cucumber Slices/Orange Juice Milk	11 BBQ CHICKEN ON ROLL OR PIZZA BURGER Peas and Carrots Chilled Pears Milk	12 TOASTED CHEESE SANDWICH OR CHEESE STEAK SANDWICH Tomato Soup Mixed Vegetables Fresh Fruit Milk
15 FOOT LONG HOT DOG OR CHICKEN TENDERS Baked Beans or Grape Tomatoes w/Dip Mixed Fruit/Milk	16 BEEF A RONI OR COWBOY CHICKEN SANDWICH California Blend Veggies Pineapple & Mandarin Oranges Milk	17 ST. PATRICK'S DAY SEASON'S PIZZA OR SWEET & SOUR CHICKEN W/BROCCOLI OVER RICE Celery Sticks w/ Dip Green Apple/Milk	18 QUESADILLA CHICKEN OR CHEESEBURGER Lettuce/Salsa/FF Sour Cream Rice & Beans Peaches/Milk	19 STUFFED CRUST PIZZA OR TUNA WRAP Hot Vegetable Choice Orange Wedges Milk
22 BREADED CHICKEN PATTY OR RAVIOLI W/SAUCE Steamed Broccoli Peaches Milk	23 BEEF & CHEESE NACHOS OR CHICKEN SNACK WRAP Lettuce/Tomato/Salsa Fat Free Sour Cream Pears/Milk	24 SEASON'S PIZZA OR HOT TURKEY W/GRAVY ON ROLL Mashed Potatoes Diced Carrots Fresh Fruit/Milk	25 CHEESEBURGER ON BUN OR CORN DOG Chicken Rice Soup Baby Carrots w/Lite Ranch Dip Applesauce Milk	26 PIZZA (4X6) OR FISH SANDWICH Seasoned Corn Fresh Fruit Milk
29 CHICKEN NUGGETS/ROLL OR HOT HAM & CHEESE ON KAISER Cauliflower & Cheese or Celery Sticks w/Dip Mixed Fruit/Milk	30 ROTINI W/MEATSAUCE OR MOZZARELLA STICKS W/DIP Garden Salad w/ FF Dressing Breadstick Fresh Fruit Milk	31 SEASON'S PIZZA OR BUFFALO CHICKEN SANDWICH Cream of Broccoli Soup Green Beans Applesauce/Milk		
Minlimum of 3 of the following offered daily: Smucker's® PB & J Asst. Deli Sandwiches/Wraps Asst. Salads/Chef Salads Fruit & Yogurt Platter or Fruit, Yogurt & Cheese Platter				

BUY 10 GET 1 LUNCH FREE PROGRAM

K-5 \$15.00 SEND CHECK OR CASH TO THE SCHOOL CAFETERIA
 6-12 \$17.50 REDUCED \$ 4.00

Be sure to include your child's name on the check or envelope. Fresh fruit available daily.

Menu subject to change

LUNCH PRICES

Student Grades K-5 \$1.50
 Student Grades 6-12 \$1.75
 Reduced Student \$.40
 A La Carte Milk \$.45
 Adult \$3.00

REAKFAST PRICES

Student Grades K-5 \$.80
 Student Grades 6-12 \$1.00
 Reduced Student \$.25
 Adult \$1.50